



Welcome to Rising Star Preschool, we are pleased you have chosen us for your child's care and education. We pledge to uphold the same high level of commitment and quality that Rising Star Gymnastics has held for over 20 years!

It is our mission to provide a safe and fun learning environment full of play, fitness, and kindergarten preparation. Rising Star Preschool is a unique environment where children will learn through movement, hands-on experiences, and physical activities. We believe kindergarten preparation should be well-rounded with a focus on the whole child through a theme-based curriculum including social emotional learning, physical fitness/healthy lifestyle, life skills, introductions to math, science, language arts, music, and art.

Rising Star Preschool serves 4-5-year-old children who are fully potty trained. Preschool students may also enroll in our afternoon program. This option runs Monday- Thursday and includes a lunch bunch and a coach-led gymnastic class.

Thank you for enrolling your child in Rising Star Preschool! We are looking forward to a fantastic year. Contact me anytime!

Sarah Reinhart

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812-679-1887 or 812-824-4475

Frequently Asked Questions:

Q: How do I know if my child is potty trained? May my child wear pull-ups?

A: RSP understands that toilet training is a developmental milestone that cannot be forced and children will master this when they are ready. For our purposes, your child is considered potty trained when they can independently use the toilet including manipulating clothing, cleaning themselves, washing hands, and alerting staff when they need to use the bathroom.

Q: Will children have snack time? Do I need to prepare it?

A: Yes, we will have snacks twice daily (morning and afternoon). Each child will need to come to preschool with snacks daily.

Q: What should my child wear to preschool?

A: Preschoolers will get messy, run, and play! Please dress children in clothing easy to move in, easy to manipulate, and comfortable. Athletic clothing is a great choice. Socks are required to be allowed in the gym.

Q: My child takes daily medication, can I send it to school?

A: Yes. Please contact the Director for a plan.

Q: Do you have an illness policy?

A: Health and safety are a top priority. Please see our Covid Policy for specific symptom procedures. For general illness, IF child's temperature is 100 degrees or more, a rash, skin infection, discharge from ears or eyes, head lice, sore throat/cough, or vomiting your child must not attend preschool or afternoon programming. Symptoms must be absent for 24 hours prior to returning to preschool. A physician's note is also allowed to verify wellness.

Q: Are immunizations required?

A: Yes. A copy of current immunizations is required for each child. Please contact Director with questions or concerns.

Hours of Operation

Morning preschool: Monday- Friday 8:30am-12:00pm

Afternoon Lunch Bunch/ Gymnastics: Monday-Thursday 12:00pm-3:00pm

Pick-up time must be prompt. Please contact the Director if you will be late. Staff is scheduled to maintain State ratios so it is imperative that children are picked up on time. Please also be sure that you completely fill out your child's authorized pick-up form. Your child will not be allowed to leave RSP with anyone, not on this form.

*Drop off Procedure

Beginning at 8:30 am, children may be walked up to the Rising Star Preschool doors by a parent or caregiver. Staff will meet you at the door where your child's temperature and a well health evaluation will be taken. Temp must be 100 or under.

*Pick up Procedure

Students will exit through the Rising Star Preschool door. Parents/caregivers may walk up to the preschool door OR stay parked and staff will bring children to the car. The child's name card should be visible so that staff can walk them safely to the car. Please be aware that weather will often determine pick-up procedure.

Fall 2021- Spring 2022 Calendar

Rising Star Preschool will begin on August 9th and follow the MCCSC calendar with a few exceptions. RSP reserves the ability to decide if we will close or stay open under any circumstance, this information will be communicated with families. If MCCSC closes due to Covid virus, we, with guidance and direction from the Monroe County Health Dept. and the State Health Dept. will decide if the closing is necessary.

August 9 First Day of School
September 6- Labor Day NO School
October 7-8 Fall Break NO School
November 22-26 Thanksgiving Break NO School
December 20-31 Winter Break NO School
January 3 Return to school
January 17 MLK Day NO School
February 21 Presidents Day NO School
March 14-18 Spring Break NO School
May 21 Last Day of School

Severe Weather Closures

RSP will follow MCCSC closing for severe weather UNLESS the closure is due to cold temperatures. Because we are a drop-off-only facility, extreme cold is not a reason for the closure. If extreme weather occurs during the day, we will contact parents as soon as possible for pick-up instructions. Please also follow us on social media for updates. RSP may use its own discretion to close the school based on the utmost concern for the safety of children and staff.

Emergency Weather, Shelter in Place

In the event of a shelter in place/lockdown due to severe weather or human threat, all children will be moved to designated safe areas and exterior doors will be locked. Parents will be notified and allowed to pick up once staff has been notified of an all clear by authorities. RSP will practice weather related emergency plans.

Daily Business

Daily schedule includes:

- Free exploration/ Free play
- Morning Meeting- weather, calendar, expanding on weekly theme
- Table time
- Gym play
- Snack
- Lunch Bunch
- Gymnastics class

Potty Time:

Children must be able to fully and independently manage bathroom needs. However, we understand that children may have occasional accidents or setbacks. Be sure that your child has an extra change of clothing at school. If an accident occurs and your child needs to be changed, your child should be able to change their own clothing with minimal assistance from staff. Two staff will be present if this is needed.

Lunch Bunch:

Children attending lunch bunch must bring a pre-packed lunch and water bottle. Lunches cannot be heated or refrigerated.

Behavior Expectations and Guidance Practices

RSP believes that every child deserves the right to learn and grow in an environment where they feel safe and cared for. Physical and emotional aggression will not be allowed. Preschoolers often express anger when they are feeling other emotions. At RSP we will model how to “use words”, express feelings, and try to “make kind choices”. We understand that not all environments are best for each child. Our staff will do all we can to help children adjust to our environment and expectations. If a child is disruptive to the functioning of the classroom, violent to peers or staff we will set a meeting with the family to discuss a plan moving forward.

Daily discipline guide:

1. Redirection
2. Verbal correction
3. Verbal correction with removal from the activity for up to 5 minutes
4. Director assistance
5. The parent could be required to pick up the child from RSP

Field Trips and Guests

Due to Covid precautions, RSP will not take field trips or invite guests into classrooms for the Fall of 2021. We will update you if this changes.

Holidays and Celebrations

Preschoolers love celebrating and so do we! We will celebrate many national holidays at school. If you have a holiday that you would like to share with us, please let us know. Contact the Director for more details.

Birthdays may be celebrated at school with a special snack. Snacks must be pre packaged and provided for the entire class and with special attention to any food allergies in the class.

Food Allergies, Medical Needs, Illness

If your child has food allergies or medical needs please contact the Director for a meeting on how we can best support your child. Documentation from a physician will be required for staff to administer medication including Epi Pens.

RSP Director is certified in First Aid and CPR, however, If an incident occurs where your child will need medical attention, we will follow the plan below:

1. Call 911, RSP staff would escort child to hospital if necessary
2. Call parents or caregiver of child
3. Follow instructions from medical personnel

If a child requires medical assistance or an illness that is not an emergency, we will follow the plan below:

1. Remove child from other children
2. Call parents or caregiver of child

*If a condition or injury develops during the school day, a parent or caregiver will be notified and the child must be picked up within the hour of being notified. A sick child will be attended to and comfortable in the Director's office until the child can be picked up.

General Illness guidelines-

We ask that your child does not attend preschool or afternoon programming if he/she is experiencing the following:

1. Temperature of 100 degrees or more
2. Conjunctivitis (Pink eye) or with discharge from the eye
3. Sore throat or cough due to a virus
4. Skin rashes not identified by a doctor
5. Vomiting
6. Diarrhea
7. Any contagious disease
8. Head lice

This is not a complete list. Please contact RSP with questions or concerns.

Supplies

Our supply fee covers much of our supply needs but if you would like to donate supplies please see the list below.

Clorox Wipes
Tissues
Gallon and Quart size ziplock bags
White computer paper
Plastic spoons and forks
Paper plates all sizes
Gently used toys

Children should have a water bottle, snack (lunch and 2nd snack), and backpack with a change of clothing each day. NO personal belongings or toys allowed at preschool.

